## Starters

### From the Breakfast Bar...

A selection of Cereals, Weetabix and Muesli

**Canned Fruits** 

Seasonal fruit Salad

### Toast Options...

Toast (Wholemeal Bread, White Bread or a mixture)

Spreads:

Butter, Margarine and a selection of Jams Peanut Butter and Chocolate Spread Marmite and Honey

#### Drinks...

Orange/Apple Juice

Iced Water

Hot Water

Tea/Decaf Tea

Coffee/Decaf Coffee

A selection of speciality Teas including:

Earl Grey,

Peppermint,

Camomile,

Blackcurrant,

Wild Apple and Cinnamon,

Three Mint,

Lemon, Ginger and Manuka Honey

# Main Breakfast

### The Del-Mar Traditional Full Cooked Breakfast...

2 Slices of Bacon

1 Pork Sausage

Hash Brown - Grilled

Mushrooms - lightly fried and with no added Salt

Fresh Grilled Tomato

**Baked Beans** 

Eggs - Fried, Poached, Boiled or Scrambled

### The Del-Mar Vegetarian Option...

Vegetarian Sausage

Hash Brown - Grilled

Mushrooms - lightly fried and with no added Salt

Fresh Grilled Tomato

**Baked Beans** 

Eggs - Fried, Poached, Boiled or Scrambled

### The Del-Mar Smoked Salmon and Scrambled Egg...

Smoked Salmon blended with locally sourced Free-Range Eggs and served with Fresh Parsley and Toast.

### Porridge...

Original Flavour Golden Syrup